

## WALK 1

### ALLT GOCH

DESCRIPTION A short walk of about 2.5 miles through Allt Goch wood. The going is good under foot and the climbs are reasonable with rest benches at intervals.

START Old Market Hall, Llanidloes.

1 From the Old Market Hall, walk along Long Bridge Street to the roundabout and turn LEFT over the bridge. Turn LEFT again along the B4518 signposted to Llyn Clwedog and, after about 200 yards, Turn RIGHT off the road at the finger post for Glyndwr's Way and the Severn Way. After going through the kissing gate, bear immediately LEFT up the hill and continue AHEAD up the hill, ignoring any paths crossing from left to right. On reaching the stile into the golf club, do not cross it, but turn RIGHT inside the fence and continue parallel to the fence, staying on the upper path until you come to the way marker for Glyndwr's Way. Follow the way marks onto the golf course and to the clubhouse.

2 On reaching the clubhouse, bear RIGHT and leave the course through the gate and over the cattle grid and, ignoring any further way marks for Glyndwr's Way, follow the tarmac road down to its junction with the Llanidloes/Trefeglwys road. Before reaching the road, turn RIGHT along the footpath climbing up into Allt Goch wood once again, turn LEFT near the top and follow the path down through the wood to its junction with the Severn Way at the car park. Turn RIGHT along the Severn Way and, on reaching the B4518, TURN left and retrace your route through Llanidloes back to your start point.